



JIU JITSU FOR EVERYONE

GB ATASCADERO CLASS SCHEDULE

WWW.GBATASCADERO.COM

+1 (805) 464 - 7100

MON

12:00 PM
GB 2

4:00 PM
GB K
TC/LC I

5:00 PM
GB K
LC II/Juniors/Teens

6:15 PM
GB 1
Adults & Teens

7:15 PM
GB 3

TUE

05:45 AM
GB 2

12:00 PM
GB 1
Adults - all levels

4:00 PM
GB K
TC/LC I

5:00 PM
GB K
LC II/Juniors/Teens

6:15 PM
GB 1
Adults & Teens

WED

12:00 PM
GB 2

4:00 PM
GB K
TC/LC I

5:00 PM
GB K
LC II/Juniors/Teens

6:15 PM
GB 1
Adults & Teens

7:15 PM
GB 3

THU

05:45 AM
GB 2

12:00 PM
GB 1
Adults - all levels

4:00 PM
GB K
TC/LC I

5:00 PM
GB K
LC II/Juniors/Teens

6:15 PM
GB 1
Adults & Teens

FRI

12:00 PM
GB 2

5:00 PM
GB K
NOGI

6:15 PM
GB 1
Adult - NOGI

SAT

08:00 AM
GB 1
Adults - all levels

09:00 AM
GB K
TC/LCI

10:00 AM
GB K
LCII/Juniors/Teens

11:00 AM
GB 2

GB K
Tiny Champs & Little Champs (3-6 years old)

Little Champs II (7-9 years old)

Juniors & Teens (10-15 years old)

GB 1 Adults - Self-Defense & Fundamentals

GB 2 Adults - white belts, 3 stripes & up

GB 3 Adults - blue belts & up

GB F Coming soon...

SUN

10 AM - 12PM
GB 2
Open mat